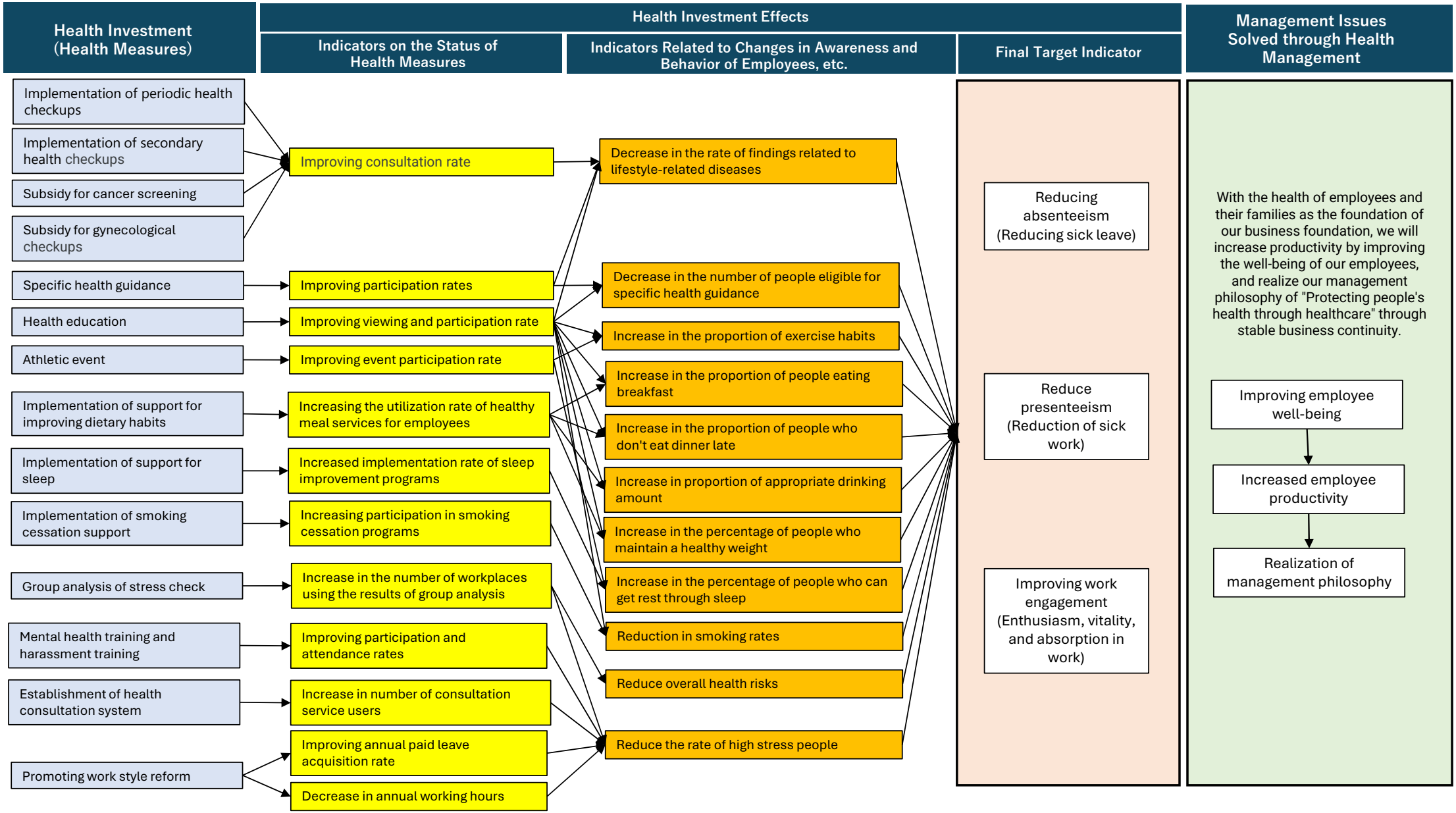
Health Investment (Health Measures)
Health Investment Effects
Indicators on the Status of Health Measures
Indicators Related to Changes in Awareness and Behavior of Employees, etc.
Final Target Indicator
Management Issues Solved through Health Management
Implementation of periodic health checkups
Implementation of secondary health checkups
Subsidy for cancer screening
Subsidy for gynecological checkups
Specific health guidance
Health education
Athletic event
Implementation of support for improving dietary habits
Implementation of support for sleep
Implementation of smoking cessation support
Group analysis of stress check
Mental health training and harassment training
Establishment of health consultation system
Promoting work style reform
Improving consultation rate
Improving participation rates
Improving viewing and participation rate
Improving event participation rate
Increasing the utilization rate of healthy meal services for employees
Increased implementation rate of sleep improvement programs
Increasing participation in smoking cessation programs
Increase in the number of workplaces using the results of group analysis
Improving participation and attendance rates
Increase in number of consultation service users
Improving annual paid leave acquisition rate
Decrease in annual working hours
Decrease in the rate of findings related to lifestyle-related diseases
Decrease in the number of people eligible for specific health guidance
Increase in the proportion of exercise habits
Increase in the proportion of people eating breakfast
Increase in the proportion of people who don't eat dinner late
Increase in proportion of appropriate drinking amount
Increase in the percentage of people who maintain a healthy weight
Increase in the percentage of people who can get rest through sleep
Reduction in smoking rates
Reduce overall health risks
Reduce the rate of high stress people
Reducing absenteeism (Reducing sick leave)
Reduce presenteeism (Reduction of sick work)
Improving work engagement (Enthusiasm, vitality, and absorption in work)
With the health of employees and their families as the foundation of our business foundation, we will increase productivity by improving the well-being of our employees, and realize our management philosophy of "Protecting people's health through healthcare" through stable business continuity.
Improving employee well-being
Increased employee productivity
Realization of management philosophy